

# Deep-Body and Movement-Inspired Embodied Facilitation:

## Our Embodied Ambassadors' Graduation Projects, 2020

This is a Partial List of Projects

### Embody Your Love Story, A Valentines Playshop

Facilitated by: **Jennevieve Ybarra**

Where: Location: The Heartbeat Collective, **Oakland, CA**

When: Saturday, February 15th, 3:00-6:00 PM

Contact: Jennevieve @ [namakalani@gmail.com](mailto:namakalani@gmail.com)

### The Womb & Heart: An Embodied Conversation

Facilitated by: **Abigail Hinds**

Where: **Las Vegas, NV**, February 7, 2:30-6:30 p

**Livermore, CA**, February 23, March 1st, 8th, 15th; 11am-2pm

Contact: [abbyhinds@gmail.com](mailto:abbyhinds@gmail.com)

### Body as Healer: Celebrating the Sacredness and Wisdom of the Female Body

Facilitated by: **Andreea Busca**

Where: Location: Private Residence, **Sacramento, CA**

When: February 23, March 1st, 8th, 15th; 11am-2pm

Contact: [andreea.bucsa@yahoo.com](mailto:andreea.bucsa@yahoo.com)

### Embodying the Sovereign Queen: An Embodied and Experiential Workshop for Women in Midlife

Facilitated by: **Michelle Hardeman-Guptill**

Where: **Sebastopol, CA**

When: February 7th, 6pm-9:30pm

Contact: [michelle@femininerisingrevolution.com](mailto:michelle@femininerisingrevolution.com)

### Sacred Whispers of the Body: Remembering the Sacredness of the Body

Facilitated by: **Andra Ionita**

Where: Private Residence, **Sacramento, CA.**

When: February 23, March 1st, 8th, 15th; 11am-2pm

Contact: [andraionita29@yahoo.com](mailto:andraionita29@yahoo.com)

### Authentic Dancing with Your Spirit, One-on-One Sessions

With **Briana Carper**

Where: **Zoom**

When: With reservation. Package of six 1-hour sessions. First session free. Email for scheduling.

Contact: [carperbl@gmail.com](mailto:carperbl@gmail.com)

### Prioritize Pleasure: An Urban Ritual For Queer Womxn to Deepen Their Sensual Vitality and Align With Their Soul's Purpose

Facilitated by: **Hannah Idalia**

Where: The Bellevue Club, **Oakland, CA**

When: February 5th, 6:30-9:30 p

Contact: [hannahidalia@gmail.com](mailto:hannahidalia@gmail.com)

### Loving Ourselves Fully: Leaping Joyfully into Embodied Leadership Practices

Facilitated by: **Tera Grace Wilder**

Where: **Sacramento, CA**

When: February 29, 10 am-5 pm

Contact: [tera@heartminded.com](mailto:tera@heartminded.com)

### Articulating Flow: Moving Through Creative Block

Facilitated by: **Anna Rebecca Harris**

Where: Private Residence + **Salem Woods, Massachusetts**

When: Tuesday February 4th, 11 am-4 pm

Contact: [annarebecca.harris@gmail.com](mailto:annarebecca.harris@gmail.com)